

**CAROL For Heart
15 Mile Route**

Girls with Gears

Emergency dial 911
CFH Help Line: 610-888-4455

Miles	Turn	Road	Twp.
0.0	L	1 lap around park	Lim
1.0	R	Zeigler Rd. out of park	Lim
1.2	R @ SS	Metka Rd.	Lim
1.5	L @ SS	N. Limerick Rd.	Lim
2.2	R @ SS	TSO N. Limerick Rd.	Lim
2.6	R @ SS	Sunset Rd.	Lim
2.8	L	Jessica Dr.	Lim
3.3	R @ SS	Sunset Rd.	Lim
3.4	R	N. Limerick Rd.	Lim/Perk
4.9	R	Township Line Rd.	Perk
5.4	L	Seitz Rd.	Perk
6.5	L	Bridge St.	Perk
7.0	R	Wartman Rd.	Perk
7.9	L	Kagey	Perk
8.1	R	Cranberry	Perk
8.9	R	Wartman Rd.	Perk
9.0	L	Lincoln	Perk
9.5	R @ SS	Johnson Rd.	Perk
9.6	R @ SS	Kennedy	Perk
9.7	L	Jacob Rd	Perk
9.8	L @ SS	Buyer Rd.	Perk
9.9	L @ SS	TSO Buyer Rd.	Perk
10.0	R @ SS	Wartman Rd.	Perk
		Township Line Rd. -Wartman	
10.7	X	BC Graterford Rd.	Lim
11.8	L	Sunset Rd.	Lim
12.0	L	Llewellyn Rd	Lim
12.1	R @ SS	Edmunds Rd.	Lim
12.2	R	Harnett Ln.	Lim
12.4	R @ SS	Heffner Rd.	Lim
12.6	L @ SS	Sunset Rd.	Lim
13.0	R @ SS	Ridge Pike	Lim
13.5	R	N. Limerick Rd.	Lim
14.2	L @ SS	Metka Rd.	Lim
14.4	L	Zeigler Rd.	Lim
14.6	R	Into the park - you're home!	Lim

Key:

BC - Becomes
L - Left
QL - Quick Left
QR - Quick Right
R - Right
S - Straight
SS - Stop Sign
TL - Traffic Light
TSO - To Stay On
X - Cross
Y - "Y" junction

Township Codes

Lim- Limerick
Perk - Perkiomen

All riders assume the risk of all road conditions, traffic and other hazards. Riders must wear a helmet!